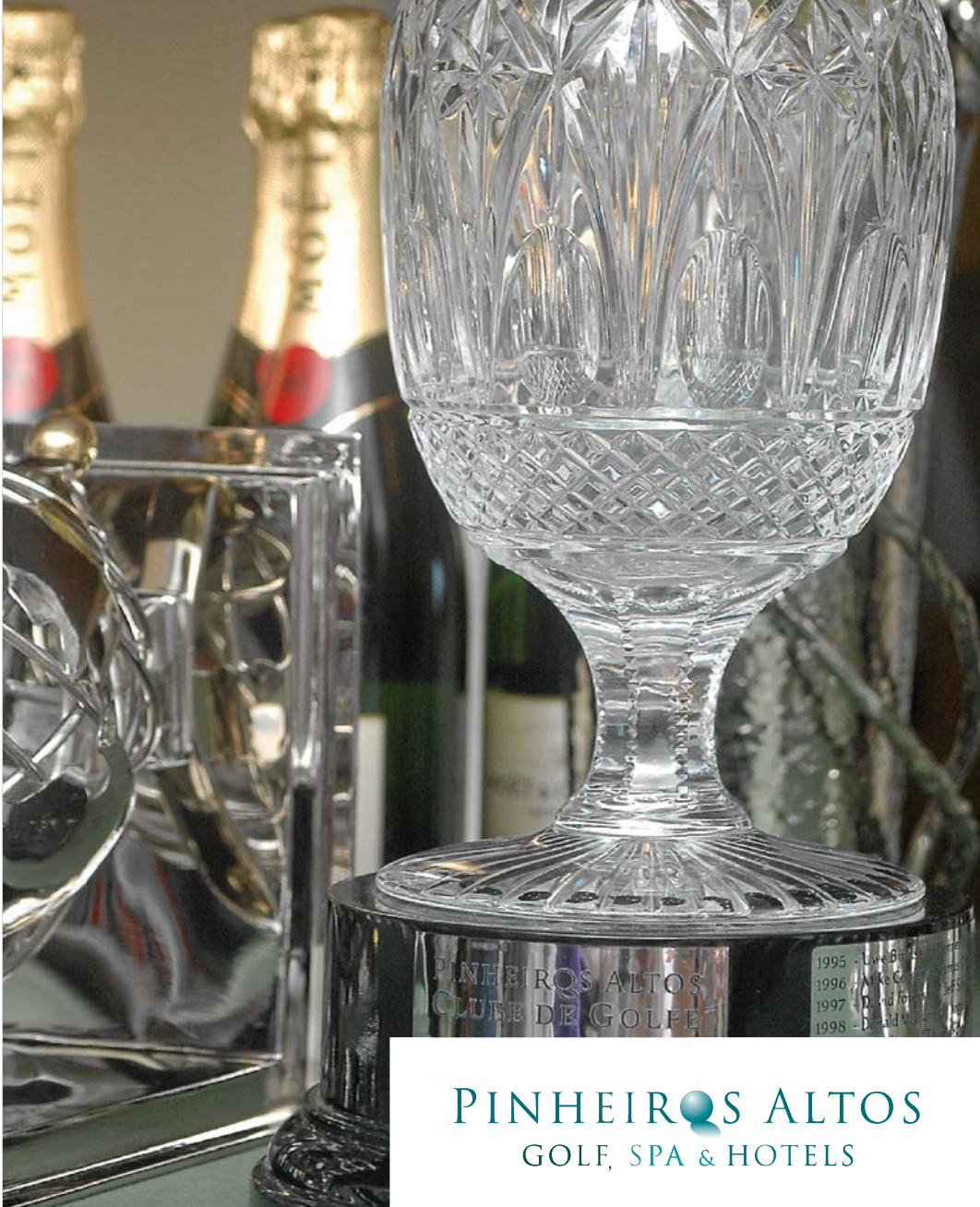


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Altos news



PINHEIROS ALTOS
GOLF, SPA & HOTELS

Introduction from the Captain - Mr. Graeme Thomson

Dear Members,

On your behalf I wish to congratulate Christophe Rindlisbacher on his appointment as our new Director of Golf. As you know he has been mentored for this role over many years and I believe that Christophe's skill set will be of enormous benefit to Pinheiros Altos. Your Club Committee and I look forward to working directly with him to complete a number of initiatives, which he has already begun working on.

Post the heightened activity levels of Gala Week, 46 members sought cooler weather and headed to Loch Lomond Golf Club for a long weekend. They were welcomed on arrival with a 'wee dram' to set the tone and to ease them into the rigours of Scottish hospitality!

The history of the Pinheiros Altos Loch Lomond Challenge is a little chequered and this was the first competition for several years. Following an initial practice round of social golf for those not acquainted with the course, the main event was an individual Stableford for a specially commissioned and engraved plate. With the bagpipes still ringing in her ears, the deserving winner was Susan Russell who with 37 points was the only player to break par.



Pinheiros Altos Members in Loch Lomond



Pinheiros Altos Captain Mr. Graeme Thomson with Loch Lomond Challenge Winner Susan Russell

This past month also saw the annual Gents' challenge match between The Cotswold Hills Golf Club and ourselves. The event started some 8 years ago with the support of PA members John and Val Bayston and our own Brian Evans, and over the years has forged a number of good friendships. The match was drawn 3-3, and was followed by a light lunch and presentation kindly hosted by the Cotswold Hills team. Our Lady Captain Rie Cherubini hosted an alternative and very enjoyable ladies social. It was overall a highly sociable weekend of kindred spirits, where in truth the result is secondary, and I wish to record my appreciation to all who participated.



‘Save the Date’.....The Celts are Coming Saturday 30th November St. Andrew’s Day

The Celts (Scotland, Ireland & Wales) are challenging the English, together with the Rest of the World, to a match in commemoration of the 700th Anniversary of the Battle of Bannochburn. There will be golf followed by an evening dinner and ceilidh to the sound of Ceilidhdonia, a well known Scottish ceilidh band.

Please watch the Club notice board for details and sign-up.

I’LL ‘SEE YOU JIMMY’ ON SATURDAY 30TH NOVEMBER



Director of Golf – Monthly Report

August has been a quiet month after the madness of July, however with all the changes following Brian's departure I was kept busy re-organising the offices. Both the Golf Club office and my office are now in the main Clubhouse next to the Golf Shop. In the few days we have been here, it has been made very obvious that we will need some blinds - and this is already being taken care of!

It is the intention of JJW Portugal to upgrade the academy area. The teaching bays are being re-furbished, the tees are being improved with the inclusion of artificial grass areas, and the wooden hut is being turned into treatment rooms.

The 7th Green on Olives will start to be rebuilt this month. The works will take about 3 months meaning that the green will be re-opened for New Years Day. I cannot wait to hear the first comments at the New Year Day Scramble competition. As you can expect, we are making it more playable and attractive, but certainly not easier!

I must congratulate Peter Ashdown who once again ran the summer's Junior Clinics with great success. He also coordinated the Junior Open early in August with the help of Past President Malcolm Helder.

Congratulations to Chris Hales who won the August Stableford, and came second in the August Medal and in the September Stableford which were won respectively by

Barbara Kyne and Stella Jeffrey. Congratulations to both, especially Stella as it was her first competition win with 38 points. Our Club Captain Mr. Graeme Thomson has been away during August but managed to come back in time for the last Men's Roll up of August. He thought that with Brian Evans' departure, the "slash.com" was extinct however he soon found out that some things never change! His 42 Stableford points (on his own!) was enough weight for me to be able to cut him from 14,2 to a 12,2 handicap and experience the position of power!

The charity event at San Lorenzo on 18th August 2013 raised €4.050 for the Special Needs Children Swimming Team of Loulé and was followed by a finger buffet at San Lorenzo Clubhouse. I would like to take this opportunity to thank Dona Filipa and San Lorenzo for allowing the event to take place and everybody involved in making the day such a success.

We have included many more photographs of this year's Gala week with the emphasis more on the prize presentations, but it was very difficult to leave out one or two from the Shoot Out!

This month starts with the always very demanding Club Matchplay Championship played from the back tees over 3 days with 2 rounds per day for those who make it to the Final round.

It only remains for me to wish you all a good start to the golfing season in the Algarve. I look forward to seeing you all at the various competitions and events over the next few months.

The Shoot Out best dressed winners





Nearest the Pin winners



Greensome prize winners



American Foursomes prize winners



Best Ladies Pair Shirley Griffiths and Eva Lamaison



Best Mixed Team John and Sumbaline Waters



Best Junior Team Karl and Jordan Markey



Junior Team Runner Up Melody and James Cotterill



4th Place Overall Tim Russell and Janet Leffler



3rd Place Overall Paul Cotterill and Philip Goodman



2nd Overall Susan Russell and Geoff Mortimer



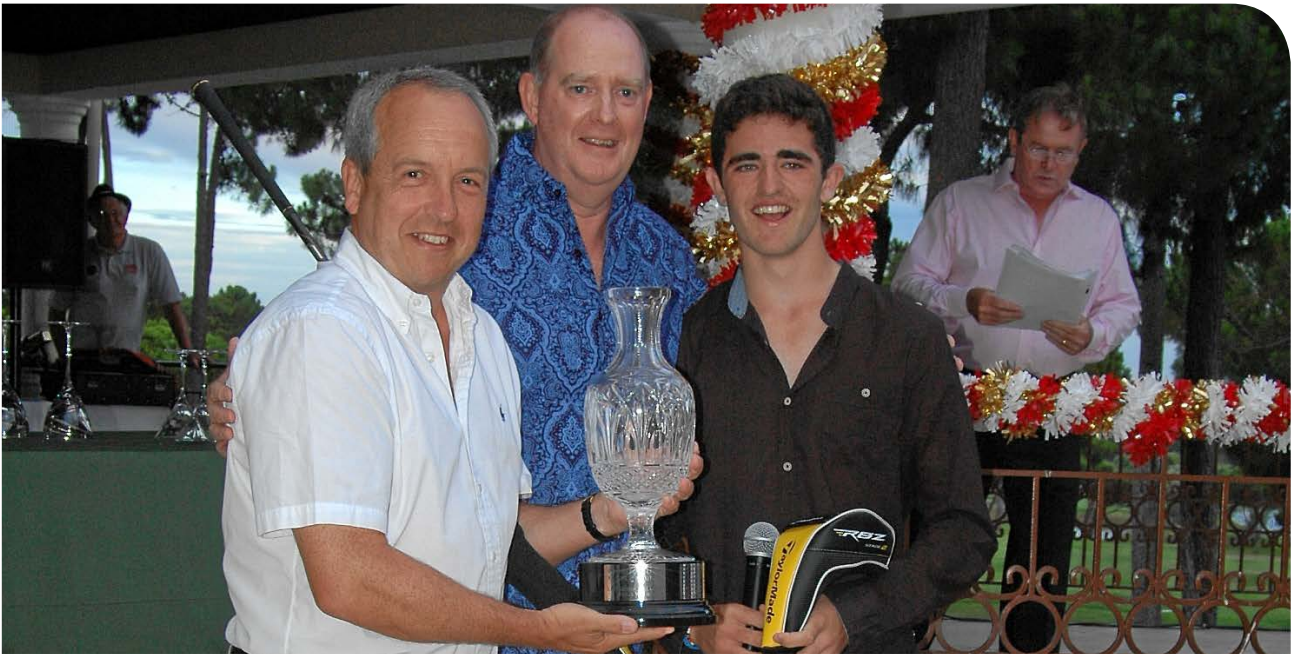
Blobby Prize winners Jim Cranwell and Ronan Early



Anastasia Tremaine swing



Christine Soden and Debbie Madgett



Overall Winners Daniel Waters and Mark Altmann



Best Gross team Hywel Ford and Charlie Ballard



Brian and the naughty sisters

Competition Results for August

Date	Competition	Winner	Score	Runner Up	Score
Sun 4th	August Stableford	Chris Hales	38 Pts	David Dixon	36 Pts
Wed 7th	Ladies Day Medal	1st Division Sam Waters	75 Nett	1st Division Leigh Anderson	76 Nett
		2nd Division Linda Dixon	68 Nett	2nd Division Stella Jeffrey	82 Nett
Wed 14th	Individual Stableford with hidden Partners	Wendy Collins Stella Jeffrey		Thérèse v Doorn Pat Murrish	
Sun 18th	August Medal	Barbara Kyne	72 Nett (bb9)	Chris Hales	72 Nett
Wed 21st	Ladies Day Qualifying Stableford	1st Division Rie Cherubini	35 Pts	1st Division Thérèse v Doorn	30 Pts (bb9)
		2nd Division Stella Jeffrey	33 Pts	2nd Division Kathy Grimm	23 Pts (bb9)
Wed 28th	Ladies Day 4BBB Stableford Blue Tees	Slaney Mullen Anne Tucker Brown	39 Pts	Janine van de Ree Ilse Berg	37 Pts

Social Golf by Jeannette Sohier

Social Golf took place on Sunday the 25th of August.

It was a small group, but let us be honest: quality goes before quantity!

16 people played, amongst which was the Lady Captain and 3 new members (welcome to Social Golf!) and we had 21 for supper.

The weather got a little milder, so it is no longer so hot when we play. We played an easy team am/am on Sunday which went very well. We saw some very good scores on both courses.

We enjoyed the early supper and the small talk and we are looking forward to see many of you playing in September 22nd.

With 21 points on both courses:

Pine to Corks	Olives to Pines
Wendy Collins	Thérèse van Doorn
Brian Scott	Jim Sandison
Tony Hickey	Stella Jeffrey
Linda Bentley	Wallace Ford

Ladies Section by Rie Cherubini

FedEx Play-Offs have started on the other side of the Atlantic Ocean and the Ryder Cup Points-counting has started on this side... The summer is definitely over.

I hope that all of you had a great summer with your friends and family and are ready for the back-nine of the season which will be as busy as the front nine.

I just saw off my 84-year-old father-in-law in good shape after his 4-week stay in his favourite destination, the Algarve. I owe a big thank-you to the "Cloggies" who not only kindly welcomed him to play with them, but allowed him to tee off from the red tees with handicap 32. He enjoyed the company so much that he looked forward to every Wednesday afternoon. On the last Wednesday, I heard many times about his gross par on the 8th of Olives. Thank you very much all of you, he will be back in the next summer!

Our activities in August started with an away Friendly Match at Vila Sol. We were all aware of thick and tough roughs there, and they were tough indeed. The result was our loss: 1,5 to 3,5. As for many matches, the team PA had to give shots to the opponents, but all the lost matches went to the 18th hole which shows the competitiveness and quality of our ladies. Well done, girls!

We had the monthly Medal on next day, where Linda Dixon came back with a beautiful scorecard with net 68 on it!

On the 14th, we played an individual Stableford. After all 10 cards were in, I spread them on a table and asked Leigh Anderson to pick two to decide winning pairs with aggregated points. Other than 34 points made by Wendy Collins, the scores were so embarrassingly bad that I decided to record only winners, but not the points. Despite the result, we had a great time with good laughs thanks to the Champagne offered by Barbara Fletcher to celebrate her 50th year with Keith. We wish you many more happy years together.

The Qualifying Stableford was played on the 21st by 11 ladies. We had Champagne offered by Jan Kirk who had an operation to replace the right hip structure. We toasted loudly wishing her speedy recovery and all hope that she can come back soon. Thank you Jan and Alex, we wish you all the best.

As the Matchplay Championship is coming soon, we played, on the 28th, a Four Ball Better Ball Stableford from blue tees. Some were delighted to have more shots, and others intimidated by the colour of the tees!

September starts with the Ladies Invitation Day on the 4th followed by a lunch. The Clubhouse may be a little noisier than usual as we are expecting more than 50 ladies.

Ladies Friendly Matches, Pink Day, Wainwright Trophy, Ladies Annual Dinner and many more events will follow. Please keep eye on the Ladies Board as sign-up sheets should be up shortly, and please feel free to contact me for more information.

Interclub by Christian Holst

We started where we left off with a very good away win against Tavira at Benamor, placing us one point ahead of Vale do Lobo and two points behind Carvoeiro with three matches in hand. In other words, we are clearly in contention.

The next matches are as follows:

Quinta do Vale, Thursday 12th September (Home)

Carvoeiro, Monday 16th September (Away - Pinta course)

Vale do Lobo, Thursday 21st September (Home)

Quinta do Vale, Tuesday 1st October (Away)

Laranjal, Saturday 12th October (Away)

While I am confident about our abilities at home, particularly if the greens are as fast as we are used to, the key to success is of course to score a few more points away.

We are normally in the lucky situation where we have more candidates than required for the team, giving me the luxury of picking the best team available (in my subjective judgment, which is difficult sometimes). It seems, however, only few of you used the entry sheets on the board downstairs so I encourage you, if you are keen to play, to contact me by e-mail or phone.

We have an exiting few weeks ahead of us and well done so far team!

Forthcoming Events

September and October 2013

Sun 1st September – September Stableford

Wed 4th September – Ladies Invitation Day

Fri 6th September – Matchplay Championship

Sat 7th September – Matchplay Championship

Sun 8th September – Matchplay Championship

Wed 11th September – Ladies Day

Sat 14th September – Mens Roll Up

Sun 15th September – September Medal

Wed 18th September – Ladies Day

Sat 21st September – Mens Roll Up

Sun 22nd September – 18 Holes Social Golf

Wed 25th September – Ladies Day

Sat 28th September – Mens Roll Up

Wed 2nd October – Ladies Charity Pink Day

Sat 5th October – Mens Roll Up

Sun 6th October – Autumn Medal Rosebowl

Wed 9th October – Ladies Day

Fri 11th October – Wooden Spoon Men Vs Ladies

Sat 12th October – Mens Roll Up

Wed 16th October – Ladies Day

Fri 18th October – Ladies Competition

(morning) and Ladies Annual Dinner

Sat 19th October – Mens Roll Up

Sun 20th October – 18 Hole Social Golf

Wed 23rd October – Ladies Day

Sat 26th October – Mens Roll Up

Sun 27th October – October Stableford

Wed 30th October – Ladies Day

PRO TIP

by Peter Ashdown

The grip is one of the most important components in golf and the only part of the club that you actually touch. Grips are meant to last, but they are not made of steel, they are made of materials that age and wear over a period of time and use. Heat, dirt and oils from your hands all age your grips and cause natural degradation.

A worn grip causes you to hold the club tighter, causing arm and wrist tension that inhibits proper swing mechanics and leads to a loss of power and control. The traction that a fresh grip provides lets you hold the club lightly without the subconscious fear of losing the club during your swing. This relaxed state promotes proper swing mechanics and wrist action.

As a rule of thumb you should re-grip once every year, regardless of how often you play. A fresh set of grips is an inexpensive and fast way to bring a noticeable change to your game.